

ULTIMATE PATAGONIA EXTENDED - 19 DAYS GUEST HANDBOOK

19 DAY / 18 NIGHT MOTHERSHIP & SEA KAYAK EXPEDITION



PATAGONIAN CHILE - MOTHERSHIP KAYAKING

AT A GI ANCE

TYPE Mothership & sea kayaking tour

LENGTH 19 days, 18 nights

GROUP SIZE Maximum 8 guests and 2 guides

ACTIVITY LEVEL Suitable for beginners through experienced kayakers

HIGHLIGHTS Discover somewhere new every day: the route starts at the north end of the Archipelago and

ends in the south

Experience towering fjords, paddle at San Rafael Glacier and amidst the icebergs, and visit a

remote estancia (ranch)

Explore a region where we may see Blue Whales

Walk along an expansive black volcanic sand beach, soak in hot springs all to ourselves

Enjoy the comfort of sleeping and eating aboard a mothership

Full day wine tour and tasting

Warm and welcoming Chilean hospitality

Personalized attention and service from knowledgeable and experienced guides

INCLUDES Almost everything!

Airport transfers on scheduled arrival and departure dates, 3 nights accommodation in Santiago hotel (nights 1, 2 & 18), 15 nights accommodation on the mothership, domestic flights in Chile from Santiago to Patagonia (as per itinerary), professional guides, all kayaking equipment (all double kayaks with one single for sharing amongst group), meals in restaurants or prepared by your chef of the mothership (starting with dinner on day 1 through breakfast day 19), wine and beer with meals (3-4 bottles per night for the group), park and land use

permits

NOT INCLUDED Expenses on day 1 and 19 (other than the airport transfers), hotel and meals outside of

those listed in itinerary, cancellation, interruption and medical insurance, or personal items (toiletries, clothing, etc.), gratuities, any purchases made in stores or gift shops, costs associated with visas, entry fees, passports, vaccinations or any travel/expenses outside of

what is listed in the itinerary





HOW & WHERE WE TRAVEL FROM CHILEAN WINERIES TO THE SAN RAFAEL GLACIER

Explore the beautiful outer islands of southern Chile with us! We will experience the best of what Chile has to offer in a mothership style sea kayaking tour: wine, wildlife and wilderness paired with sea kayaking in one of the most stunning places on earth, all from the comfort and convenience of our personal expedition ship.

The coast of Chile stretches for over 4300 kilometers, providing endless opportunities for kayakers. The region we have chosen for our tours is considered Northern Patagonia and is part of the Aysen Region. Most people think that the southernmost portion of Chile (Southern Patagonia) is the most rugged and wild, but think again. We will take you into difficult to access areas with stunning landscapes, abundant wildlife, hot springs and glaciers dropping into the sea, all while enjoying the Spirit of the West Adventures quality, safety and service you have come to expect.

We've designed this journey to take in the highlights and our favourite spots. After many years of exploring this region, we've crafted the ideal itinerary to share all this region has to offer. Some of the top selections include paddling in beautiful and pristine Traiguén and Goñi Islands, viewing abundant wildlife, soaking in remote hot springs, basking in the immensity of the San Rafael Glacier and taking in a traditional asado (barbecue) at a remote estancia - all among the backdrop of volcanoes and mountains.

The tour starts in Santiago where we enjoy one day of touring and wine tastings in Chile's fantastic and plentiful wine producing regions. On our second day we travel to Patagonia via a short regional flight. We will then meet our floating home, the 57-foot motor vessel called **the Noctiluca**. From here, we explore this incredible coastline. Keep reading for our full itinerary!





SAMPLE ITINERARY

This route will take us deep into the southern reaches of the Chonos Archipelago to the world famous San Rafael Glacier. We will kayak amidst stunning scenery, enjoying all the region has to offer!

Please know that this itinerary is meant to give you an idea of all the region has to offer. Weather, wildlife and our fellow kayakers will help to determine the specifics of our daily route.

DEPARTURE DAY - DAY ZERO

Depart your home for Santiago, Chile. Most flights are overnight (approx. 10 hours from Toronto) and arrive early to mid-morning the following day.

DAY 1

Welcome to Santiago! Before you see your guides, you will clear customs and immigration. Next, pick up your bags and then head out into the arrivals hall, where one or both of your guides will be waiting for you wearing their Spirit of the West t-shirts (more specific details on meeting at the airport will be sent to you just before your trip starts). If for some reason we can't meet you ourselves, there will be someone holding a sign with your name on it. We will then all travel back to our hotel in Providencia (a region of Santiago). In case of any problems, please note the name, address and phone number of our hotel:

Casa Bellavista Hotel
Antonia López de Bello 0374, Providencia
Región Metropolitana, Chile
https://www.casabellavistahotel.com/

We will be staying at Casa Bellavista Hotel the first and second night of the tour (day 1 & 2) and then again on the last night (day 19) (all included as part of the tour). Any hotels before or after the tour (if you are fortunate to have more time to explore) would be your own responsibility. Rooms will be reserved in your individual names if you want to request to stay in the same room you will be staying in as part of the tour. Please contact the hotel for booking additional nights.

The afternoon is yours to explore the neighbourhood and city. Depending on how you are feeling after checking into the hotel, you may be interested in a walk through some of the local parks & around the general area. If you prefer, please enjoy a nap or a quiet afternoon at the hotel. That evening we will all meet at the hotel at 6 pm and head out for a welcome dinner at one of our favourite Chilean establishments. Then it's time for a good night's sleep. Please note, expenses on this day, other than the airport pickup, hotel and dinner, are not included in the tour cost.

DAY 2

After a hearty breakfast we will head out of the city to the Casablanca Valley to visit some of the best wineries in Chile. The journey through the Valley begins our encounter with some of the many different types of landscapes that we are about to experience over the rest of our journey. Here we will visit some boutique wineries as well as some of the well-known establishments for tastings and tours of their wine production. Of course there will be time for you to purchase a bottle or two to take home. We will return to the city in time to dine under the stars while enjoying the nightlife of Chile.

DAY 3

Morning will come early, but the excitement of the journey to come will help with our wake-up call. After a continental breakfast we will transfer to the Santiago airport for our flight to the Castro Airport on the island of Chiloe. A 3-hour flight later, we will arrive in Patagonia!

We will then meet our mothership, the *Noctiluca*. The *Noctiluca* is a 57-foot motor yacht named after the luminous plankton that abounds in Patagonian waters (what we would call bioluminescence). Once all settled aboard, the captain will give us a safety briefing and we will enjoy dinner as we motor out of the islands.

THE KAYAK ADVENTURE BEGINS

Please note that while this Patagonian coastline is absolutely stunning and ripe for exploring, it can be quite exposed to wind in certain areas, so we split our time between paddling and motoring in order to get to some of the best and most suitable places to paddle. Both the paddling portion and the motoring portion of this trip are weather dependent, so the following itinerary is simply a guideline, but will likely need to be flexible to work with nature.

DAY 4

Departing our anchorage in the morning we will launch our kayaks near the mouth of Quintupeu Fjord. This spectacular steep-sided inlet also harbours an interesting history as the hiding place of the German warship Dresden during part of World War I after being pursued by the British, and prior to her eventual scuttling at the Chilean Island of Juan Fernandez.

DAY 5

Today we visit Estero Comau and take some time to luxuriate in the hot springs there. The natural springs were discovered in the 1930s and several simple "tubs" were carved out of the soft rock, making for a beautiful place to relax. Time permitting we will endeavour to get out in the kayaks as well.

DAYS 6 & 7

These two days we will spend much of our time cruising toward Bahía Tic Toc, passing by the wilderness shorelines of Pumalín National Park and volcanoes such as the impressive Volcán Corcovado. We'll fill the time with interpretive talks about the geology of southern Chile and blue whales, whose majestic blows we'll be looking for on

the journey. When the option presents itself we'll also get out on shore to stretch our legs, launch the kayaks to go paddling, or take a short spin in the zodiac.

DAY 8

We'll enjoy a full paddling day in Bahía Tic Toc today, checking out extraordinary black sand beaches and looking for wildlife in the form of dolphins and sea lions. These islands are stunningly pristine and a joy to be among.

DAY 9

Whale watchers take positions! As we cross from Bahía Tic Toc to Melinka at the tip of the Chonos Archipelago – leaving the mainland behind – this will be one of our best opportunities for viewing the small population of blue whales that inhabits this area. Early research is still ongoing, but from its discovery by science only a few years ago it appears that the whales use the Golfo de Corcovado as a feeding and rearing ground, and the population is growing. It's difficult to describe the sensation of the entire boat being dwarfed by the largest animal on Earth.

DAY 10

Heading south again we'll depart our anchorage near Melinka and launch our kayaks near Isla Marta for our first Chonos paddling.

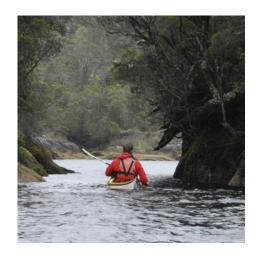
DAY 11

From Isla Marta, we'll continue to either Isla Kent or the mini-archipelago of Puerto Italia. Paddling among the little islands is like watching a gift being unwrapped, and we may get to walk along the exposed western beaches of Kent, looking for whale bones.









DAY 12

Paddling today in the area around Isla Goñi we'll get a sense of a Patagonian landscape that is more often found even further south: low scrub vegetation with only a few trees near the shoreline, evidence of the harsh climate of the region. Here there are also signs of the original inhabitants of the islands, the Chonos people, in the form of shell middens (mounds of shell material deposited over many years from harvesting and consuming mussels and clams).

DAYS 13 & 14

Another highlight of this tour is visiting to San Rafael Lagoon, which is our next stop after the Isla Goñi. Having lunch near the glacier, surrounded by icebergs, we will carefully navigate our way by kayak through the icebergs to visit the region's various beaches and islets. We may undertake a walk in the lowlands of the glacial moraine near our anchorage, looking for prints of both the small native deer called huemul ("waymool") and kodkod, small cats similar to a bobcat or lynx. The sheer size and raw power of this river of ice is one of life's more memorable moments.

DAY 16

Heading upriver to our captain's Estancia Quitralco, we'll have the opportunity to visit a remote working ranch, a 13, 000 acre property nestled between mountains. With the local staff, we'll explore the valley on foot. Those keen to try fishing for trout or salmon in the river that flows through the area may do so as well. The highlight of the day will be a meal of fresh lamb, slow-roasted over an open fire and served in the farmhouse with local vegetables and wine. This meal of course will be accompanied by a great selection of Chilean wine and beer.

DAY 17

Today we will continue north toward Fiordo Aysen, paddling either in the island group southwest of Puerto Aguirre or the Cinco Hermanas. Our last night will be spent anchored in Caleta Gato (Cat Cove, so named for the local otters).

DAY 18

Today we say goodbye to the Captain and the crew, but hopefully, our paths will cross again soon. We will head back to Puerto Aysen in time to transfer to the Balmaceda airport for our flight back to Santiago. After a late dinner in the city, your comfortable and familiar bed will be waiting for you at the hotel. You will say goodbye to your guides this evening after they have ensured that all the arrangements for your departure are set for the following morning.

DAY 19

After breakfast at the hotel, the airport transfer service will meet you and ensure you make it to your onward flight on time. The airport transfer and breakfast are included in the tour cost, but any additional expenses on this day are at your own expense. If you are staying in Chile, we are happy to help with additional travel arrangements.

ADDITIONAL DAYS

Spirit of the West Adventures will ensure everyone gets safely to the airport for their journey home or help you get on your way if you are lucky enough to have more time to explore this incredible part of the world. Please note any airport transfers outside of the scheduled arrival and departure days are at your own expense.



MORE ABOUT OUR FLOATING HOME OUR COMFORTABLE VESSEL THE NOCTILUCA

While we schedule our tours to try to make the most of the Patagonian weather as well as good wildlife viewing times, you never know what kind of weather you will experience. For this reason we have found that mothership kayaking is the perfect way to experience this wild and rugged area. The mothership also allows us to cover much greater distances each day and to explore areas that would take weeks to reach by sea kayak alone.







INTERIOR OF THE MOTHERSHIP

The Noctiluca was constructed using a unique Patagonian wood, cipres de las Guaitecas, used for centuries by the maritime Chiloe people. Blending the traditional artwork of experienced Chiloe boat builders with the latest technology in boat design, safety and interior finishing, the Noctiluca offers a cozy wooden interior and comfortable cabins as well as safety and reliability. The ship features two double guest cabins (lower double berth and upper single berth) and a front cabin with four single beds. The double rooms will be used for only 2 people unless otherwise arranged. The double rooms will have a small surcharge. Everyone shares two roomy heads (bathrooms) complete with hot water and showers. The yacht is handled by a skilled crew and captain with decades of experience in Patagonian waters.







PACKING LIST

The following is a list of items recommended for your safety and comfort during your tour. It includes items suitable for the city portion of the tour as well as kayaking in the wilds of Patagonia. Please note that fashion abounds in major cities, and while quickdry clothing is awesome for kayaking, you may feel more comfortable in other clothing when in the city and dining out. Jeans and a nice top (or similar) are acceptable for most venues in the city, but if you plan on visiting fancy restaurants a jacket and tie or skirt may be required. Casual clothing like jeans are acceptable at all establishments we visit as part of the tour.

We are fortunate to be basing the sea kayaking portion of our trip from the mothership. This awesome vessel gives us a warm and dry place to come back to each evening, but it is still important to have the proper clothing for kayaking in order to fully enjoy your experience.

Temperatures: In Santiago expect warm days and nights: t-shirt weather with temperatures cooling in the evenings. The conditions in Patagonia are constantly changing and we will likely experience a little bit of everything. In a single day we can experience sunshine, clouds, rain, wind and perfect calm. January & February in Patagonia is equivalent to August & September temperatures in the northern hemisphere. You are likely to experience some warmer days where we are paddling in light long sleeves as well as days where more layers are welcome. In the immediate vicinity of the glaciers it can be quite cold (it is ice after all)! It is best to come prepared for any type of weather. Remember there is no such thing as bad weather, just bad gear!

If you have any concerns or questions about this list, please don't hesitate to contact us.

WHAT TO BRING: GENERAL

*Please be sure to pack all essential medications and medical devices (e.g. CPAP machine) in your carry-on bag.

Putting an <u>AirTag</u> in your luggage to keep track of your baggage is also a great option to consider.

- ☐ Passport & money belt Ensure your passport is valid for at least 6 months after your return flight. A money belt helps to keep your important documents and money close to your body and takes away the worry of travel.
- ☐ Copies of all your important documents A simple photocopy of your passport and travel insurance details can save you a lot of hassle if you ever lose them. We also lock our passports in the safe at the hotel and travel around the city carrying only a photocopy.
- ☐ Suitcase or backpack Ideally something with soft sides. This will help to save space on the mothership. Hybrid duffel bags with wheels are our favourite as they are easy to navigate airports with, but compress in size for storage.
- □ Wet shoes A pair that can get wet such as sturdy full strapped sandals, neoprene booties, or crocs. To maximize packing space, a comfortable pair of sandals that you can wear both in the city and get wet, combined with neoprene or waterproof socks may work best. The water is quite cool and neoprene or waterproof socks are really wonderful to have!
- Walking shoes A pair of runners or other comfortable walking shoes for exploring the cities, travel days and on-board the mothership. If you plan on doing much trekking before or after the tour, hiking boots may be in order.
- ☐ Hat A brimmed rain/sun hat AND a wool or fleece hat for evenings or cooler days.

□ Sunglasses & sunscreen (including sunscreen lip chap) - A must for protection from sun and glare off of the water. A safety cord on your glasses is a good idea.	■ Book and/or journal - Books written in English can be hard to find in Chile. Most hotels have book exchanges for when you are done. E-readers can be a great way to have lots of books handy but without the bulk and weight, again make sure your device can handle 220 volt power.
☐ Small towel & bathing suit - Quick drying travel towels are handy. Don't forget your bathing suit if you wish to enjoy the natural hot springs! We will	
have full sized towels in our hotels and for aboard	CLOTHING: PADDLING
the mothership. Medication - If you are bringing medication please ensure that: 1) It is in its original container or one that lists the name and expiry date of the medication as well as your name; 2) you have a copy of your original prescription in case they question your drugs at the border; 3) you have the detailed instructions of your dosage and frequency; 4) it is packed in your carry on baggage	When choosing clothing, keep in mind that it could become cold and wet at anytime. Layering is the best way to regulate body temperature and maintain warmth. We suggest avoiding cotton (except for those hot days and in the city). Cotton has no insulation value when wet. Clothing made of materials that wick moisture from the body and give a comfortable dry feeling even while wet is the best first layer (polypro-pylene, nylon,
☐ Personal items - Toothbrush, toothpaste, biodegradable soap, washcloth, feminine hygiene products, hairbrush, etc.	polyester). A synthetic material such as fleece or pile makes the best second layer to provide warmth. Woo is also suitable.
☐ Ear plugs and sleep mask - Great for night flights and if your friends are snoring!	Please note: the suggested quantities below are minimum amounts to bring and we do have reasonable amounts of space for storing clothing on the mothership, so when in doubt bring it. There are NOT laundry facilities on the mothership, but you are welcome to wash out a few pairs of underwear over the course of the trip and we can dry them in the engine room.
■ Mask, hand sanitizer, and wet wipes – Good for Covid safety, sanitizing or a quick wash on your travels.	
☐ Ziploc bags - These and a large garbage bag are always handy when traveling.	
☐ Small flashlight or headlamp - Don't forget spare batteries or your charging cord. Headlamps are preferable as they allow for hands free use and are great for reading and not disturbing your fellow cabin mates.	☐ Rain jacket & rain pants - These are essential for staying comfortable regardless of the weather. To test your waterproofness jump in the shower and see if you stay dry! Spirit of the West will provide
☐ Water bottle - 1 durable water bottle. Spirit of the West Adventures will provide safe drinking water during your journey with us. We do try and use purification drops to treat water when possible to	a paddling jacket and pants for use during the kayaking portion of the tour, but please bring your own for any additional travel days you may be planning.
cut down on plastic waste. If you plan on trekking after your tour it would be a good idea to carry some water purification tabs or drops, such as Pristine drops.	☐ Long pants - 1 pair of fleece or warm comfortable pants. 2 lighter pairs made of a quick drying fabric Often these pants can also double as "city or casual" pants for exploring in the city. Jeans are
☐ Camera & memory cards - Packed in a waterproof bag or case. We will provide a dry bag for use	not recommended for kayaking, but are fine in the city or for wearing on the mothership.
during kayaking, but it is not padded. Be sure to bring lots of memory cards, spare batteries, and your charger, you won't want to miss these photo	□ Long underwear top & bottoms - Helps to keep you warm in the evenings or as a base layer while kayaking.
opportunities.	☐ Long sleeved non-cotton shirt - 2
☐ Plug adapter for charging. Check your battery charger to ensure it can handle 220 voltage (most chargers for phones, computers, and cameras are dual voltage).	☐ T-shirts - 2-3 synthetic tops. Synthetic material dries quickly so you can wash in the evening and wear it the next day.

☐ Shorts - 1 quick dry nylon pair
☐ Warm socks - 3 pairs
☐ Undergarments - As you see fit. A couple pairs of synthetic underwear for paddling can be comfortable on wet days. Cotton underwear is good for evenings.
CLOTHING IN THE CITY
☐ Santiago can be hot in the austral summer (January-February), but long pants or skirts are still more typically worn than shorts.
☐ Jeans - 1 or 2 pairs. Comfortable for wearing on the plane and around the city or boat.
☐ Dressy outfit option - Chileans in the city have a real sense of style. This does NOT need to be a fancy outfit, but a button up shirt, summer skirt, nice sweater and top will help you to feel comfortable in the city.
OPTIONAL ITEMS
☐ Binoculars - We say optional, but they are wonderful to have while on the boat. There will be one or two pairs to share while on the boat.
☐ Travel neck pillow – You can purchase small compact pillows at some outdoor stores or in the airport. This may make your overnight flight much more comfortable (however most airlines provide a pillow). When on the mothership and in hotels a regular full size pillow will be provided.
Gloves – Wool or fleece gloves can be a cozy addition to a cool day. Biking gloves (fingerless are best for dexterity) work well to protect your hands from blisters. For kayaking on cooler days we do provide Pogies which are easy to use and attach to your paddle and then you slip your hand in and out, allowing you to quickly have bare hands for taking photos etc.
☐ Fishing gear – Our mothership will have some basic fishing equipment available for use while onboard. If you are an expert fisher, you may wish to bring your favourite lures etc.
☐ Sleeping bag – You will NOT need a sleeping bag during this trip. However if you wish to do some camping/exploring before or after your tour it may come in handy.
☐ Beverages – There will be a good selection of drinks available on-board the mothership including beer and wine with meals (these are included

in the cost of your tour). However if you wish to

bring additional spirits or sodas, you are welcome to. They can be purchased in Santiago prior to departure.

WHAT IS PROVIDED?

- ☐ Pillow and bedding At hotels and on board the mothership.
- ☐ Paddling jacket and pants This is to help keep you dry when kayaking; a rain coat is still recommended for the rest of your journey.
- ☐ Pogies to help keep your hands warm when kayaking
- ☐ All other paddling equipment

If you are planning on bringing any of your own paddling equipment please double-check the packing list to ensure you have the appropriate gear and please let our office know in advance of the tour to avoid us bringing duplicates.

SANITATION

The mothership is equipped with two toilets. During our paddling excursions your guides will explain the most environmentally appropriate technique for using nature's bathroom. Your guide will carry a bathroom bag complete with toilet paper and hand sanitizer. They will designate an area and method that works best when nature calls. Our guides will go over these details before the tour and if you have any concerns while on tour please do not be shy to ask your guide.

While on the mothership, please use biodegradable soaps and shampoos.

Spirit of the West Adventures makes every effort to ensure we leave our area as we found it or better.





INTERNATIONAL TRAVEL TIPS

HOW TO GET TO CHILE

Santiago is serviced by direct flights almost daily from most major centres and by several different airlines.

When flying into Chile you will land in Santiago at Arturo Merino Benitez Airport (SCL) which is located approximately 20 minutes (21 km) from the city center. Spirit of the West Adventures will arrange transport for you from the airport to our hotel if arriving/departing on our scheduled days.

BEFORE YOU GO

It is important to take a few easy precautions that will help to make your trip as smooth as possible and help you get over any obstacles you may face.

- Ensure your passport is current and will remain valid for 6 months after your return date.
- Purchase travel cancellation, interruption and medical insurance. This will cover you in the event of needing medical help while abroad and will cover any expenses incurred from unexpected changes in travel plans or circumstances out of your control (i.e. missed flights because of weather, lost baggage, theft, family illness).

Trip cancellation, interruption and medical coverage is mandatory to participate in Spirit of the West Adventures' Chile tours. Learn more on our Travel Insurance page.

- Make sure your inoculations are current. While there are no required vaccinations for traveling to Chile it is suggested you have Covid shots and boosters, Hepatitis A & B, and Typhoid Fever vaccinations. Please also ensure your Tetanus/ Polio/Diphtheria shot is current (you need a booster every 10 years).
- Set up a pin code that can work internationally on both your debit and credit cards (4 digits).
 Take your card into any branch with your current

pin and you can reset it to something easy to remember.

- Invest in some good rain gear and warm clothes for Patagonia - it will help make your trip much more enjoyable. Please see our packing list for a complete list of what to bring.
- Send yourself an email with a scanned copy of your passport, immunization record, flight details, and important numbers including travel insurance policy numbers, credit card company contact info in case of loss or theft. This way if you happened to lose your bags you can go to the Internet and have all the information handy. It is also a good idea to leave all of the above with a trusted friend or relative at home who could help you out in a pinch.
- Have fun learning about the country, read some Chilean literature, watch some soccer (football), take Spanish lessons, drink Chilean wines etc. This will all help you to get the most out of your experience.





CHILE - THE BASICS

Chile is incredibly rich in history and has endless opportunities for exploring cultural elements of the country. The other major drawing card for travelers is the spectacular natural beauty. From the world's driest deserts in the north, to the coastal beach cities, to the wine producing valleys of the interior, to the grazing lands and the rugged beauty of Patagonia, Chile will continually amaze you.

TIME

Mainland Chile is on GMT -4 (GMT -3 from October to March).

SEASONS

Summer in Chile is considered to be December, January, February and the beginning of March. Temperatures in Santiago during the summer and fall can be quite warm with highs of approx. 28 degrees Celsius and lows of 15 or so. HOWEVER, temperatures in Patagonia can be quite different. Patagonia is much cooler and requires the appropriate clothing, but is well worth it. Remember there is no such thing as bad weather, just bad gear! Please see our packing list for more details.

LANGUAGE

The official language is Spanish. There is a fair amount of slang used in everyday conversation so don't get frustrated if you don't understand everything no matter how good your Spanish is.

ELECTRICITY

The electrical current is 220 volts and 50Mhz. The pin shape is either two or 3 round plugs. You will need an adaptor plug for any North American appliances. Universal adaptor plugs can be purchased at any travel shop or in the airport, but check to ensure your device can handle the voltage (most electronics are dual voltage, but appliances like hair driers are not).

GRATUITIES

10% is fairly standard in restaurants, tourist facilities and for most services. Tipping taxi drivers is not expected, but rounding up is a nice gesture. Some USD or Chilean Peso cash is helpful for leaving a gratuity for your boat crew. Your Canadian kayak guides can accept e-transfers from Canadian accounts, credit card payments (3% card fee) or cash of any currency. If you don't want to carry too much cash around with you, you can take cash out of the ATM in the airport on our flight to Patagonia. A general guideline for tipping is approx. 10% but any gesture of appreciation is welcomed.

LOCAL CUSTOMS

There are wide ranges of customs depending on which region you are in, but some general nationwide practices include:

- Bargaining is NOT practiced, the price is the price
- There is a strong emphasis on family and spending time with family
- Business culture is quite formal
- Clothing in the city can be fancy (bring a nice outfit if you plan on eating out in some of the higher end restaurants)
- Being polite and smiling can go a long way

INTERNET & PHONE

Wireless internet can be found in most hotels, cafes and restaurants. The country code for Chile is +56. To make calls to outside the country from Chile you need to dial 00 then the applicable country code and then the number. The mobile (cellular) coverage is also quite good when in the cities but **there will NOT be cell coverage when on the mothership.**



If you need to leave emergency contact details with family or friends, please have them contact the Spirit of the West office and we will do our best to relay a message to the mothership via satellite communication.

CURRENCY & MONEY

The Chilean Peso (CLP) is the national currency and is represented using the \$ symbol. The Peso is then broken down into 100 centavos (cents). To determine approximate current exchange rates check out www.xe.com.

For everyday transactions in the markets etc, local currency is preferable but you can often also use US dollars in major centers and for larger purchases such as hotels. If you use US dollars or a foreign credit card for accommodation payment you avoid paying the 19% IVA tax.

Automated Teller Machines (ATMs) are located on almost every street corner in the major cities and very few smaller towns are without at least one machine. If you have a bank card from a major network such as Cirrus and a 4 digit pin code it should work in these machines. You will likely get a better rate here than through a casa de cambio (exchange house).

Visa, MasterCard and to a lesser extent American Express and Diner's Club credit cards are accepted at most hotels, larger restaurants and shops. These cards also come in handy for cash advances from ATMs in case you have any problems with your debit/bank card.

Traveler's cheques are fairly outdated now. You can use them in major centers, but are often charged a premium on top of your purchase to use them. You often also lose out in the currency conversion process.

SAFETY

Chile is a relatively safe and enjoyable place to travel. However, the usual petty crime of any city in the world can be found in the major centers, but if you are using common sense and keeping your wits about you, you are unlikely to have any problems.

Being discreet about your wealth will go a long in way in keeping you out of trouble - minimize your risks by not wearing flashy jewellery, carrying a wallet full of cash or having a giant camera dangling around your neck at night. A money wallet for carrying your passport and valuables in close to your body helps give you a sense of comfort when transiting in busy places (and makes it virtually impossible for pickpockets to take your important documents). Carrying only the money you will need for the day in your wallet or pocket helps make you a less desirable target for theft. Travelling with a buddy after dark is never a bad idea, but most major streets are fine to walk after dark. When in doubt take a cab. Most restaurants etc. can call you a cab or they are readily found on most streets. Avoid big protests or large gatherings in the streets so you don't get caught up in any tense situations.

The national police force, the Carabineros, are incredibly helpful and professional. You will see them wearing green uniforms and are readily found especially in cities. To reach the Carabineros from any phone, mobile or payphone dial 133. Never try to bribe the police in Chile. For emergency medical assistance (i.e. ambulances) dial 131.

HEALTH

Ensure you have adequate travel medical insurance. No one ever plans to get sick, but it sometimes happens and having good coverage including the option of returning to your home country for continued treatment is comforting to say the least. Credit cards often offer some coverage, but often have low limits or only partial coverage for a limited number of days. Health care in urban centers is quite good, but is expensive, so come well covered.

Having a routine medical and dental check-up before travelling can also help to eliminate any unforeseen pain or problems that could take away from your trip.

Please carry all medication in your carry-on bag to avoid issues if your luggage is delayed or lost.

Knowing your eyeglass prescription and carrying a back-up pair of glasses will also be helpful in case something happens to your glasses.

There are well-stocked pharmacies in most towns, but sometimes it is difficult to find the equivalent medication because of language barriers etc. We once tried to find Lactaid pills (supplements for lactose intolerance) in dozens of pharmacies to no avail - this is something that just does not exist in Chile. The moral of the story is to come prepared.

For women, it's a good idea to bring with you a supply of your preferred brand of feminine hygiene supplies. There are lots of pads in grocery stores, but it is more difficult to find tampons. Birth control can also be difficult to access.

Water is generally safe in the cities, but it is never a bad idea to treat tap water before drinking or to purchase bottled water. We like to take Pristine drops (or similar) with us. They are a quick and easy way to treat water and it cuts down on the waste of buying plastic bottles all the time.





WAYS TO LEARN ABOUT AMAZING CHILE

Learning about the country and cultures that you will be travelling to is a sure way of enriching your experience. Below we have listed some books, wine, news sources and other online resources that will help you get acquainted with Chile and Patagonia. This list is only a brief introduction, but is a great starting point. If you find something of interest in your trip preparation, please let us know and we will add it to our list.

BOOKS & AUTHORS

There are lots of great Chilean authors, stunning picture books and detailed guide books which will help you to understand a little more about Chile before you arrive. Possible suggestions include:

- The Lonely Planet Guide to Chile and Easter Island
 There are many guidebooks out there, but Lonely
 Planet continues to be my favourite in terms of ease of use and scope of information.
- The Lonely Planet Phrasebook for Latin American Spanish – A super pocket size phrasebook and dictionary. The phrases are really handy!
- Culture Smart Series: Chile A primer on Chilean customs and culture. Really handy for folks involved in business in this part of the world.
- Books by Isabel Allende Has written many different genres; try Daughter of Fortune (features the Valparaiso area); Of Love and Shadows, set during the time of Pinochet; or Ines of my Soul, historical fiction about some of the early conquests in Chile.



- Works by Pablo Neruda Poet, diplomat and politician. Won the Nobel Prize for Literature in 1971. His home in Santiago is open to the public as a museum.
- In Patagonia by Bruce Chatwin One of the classic early works of travel writing in Patagonia.
- What is Secret: Short Stories by Chilean Women As the title suggests, this is a collection of stories that spans the years.
- Chile: A Traveler's Literary Companion by Katherine Silver. This is a collection of short stories from Chilean authors about Chile, organized by geographical region.
- Full Circle: A South American Journey by Luis Sepu veda is a travelogue through Chile and Patagonia by a Chilean author, full of insights and revelations.
- Cold Oceans Jon Turk has written about many of his adventures by boat and kayak; included are a couple of chapters on his experiences kayaking towards Cape Horn.

Please note that Spirit of the West will also be bringing a small library of books with us, including field guides for local flora and fauna and travel guides.

WINES

Why not try tasting a little bit of Chile before you go to warm up your taste buds? The sky is the limit here. There are so many great wines being produced in Chile you have some real work ahead of yourself to determine which wines are your favourites. Below are some of the most commonly available wines in Canada. Try any of them with a recipe cooked up from Tasting Chile: A Celebration of Authentic Chilean Foods and Wines by Daniel Joelson. Below are some vintages commonly found in export markets:

- Santa Carolina A large producer, try bottles labelled Reserva as this is better quality wine. They use grapes from vineyards all over Chile.
- Cono Sur Has both organic and traditional wines

- Casillero Del Diablo Makes a classic Chilean Carmenere
- Emiliana Organic Vineyards Their Adobe line or Sauvignon Blanc and Carmenere are excellent
- Frontera Often has decent red blends ie. Cabernet Sauvignon/Merlot
- Santa Rita Another large producer, many varieties
- http://www.winesofchile.org/the-wines/

This website is fantastic for learning all about what Chile has to offer from its various wine regions Remember that the wine will only get better as we taste our way through Chile.



INTERNET & RADIO

Why not listen to what some of the Santiaguinos are listening to? Try https://ca.radio.net/city/santiago to listen to local radio stations in Chile.

NEWS

https://english.elpais.com/news/chile

Check out the online version of this English language newspaper, to find out what is happening in Santiago and around the country.



OTHER ONLINE RESOURCES

http://www.earth.google.com

Google Earth can provide hours of fun, exploring the coast line and getting an idea of topography etc. There are also pictures posted by folks who have been to these areas.

www.travel.gc.ca

This is the Canadian government travel advisory page. Learn about any areas of concern, recommended vaccinations etc (please note that Spirit of the West Adventures watches the information posted here carefully).

www.chile.travel/en

The official website of the Chilean department of tourism, offers a good introduction to the many travel opportunities in the country, complete with photos. (Click on the English link.)

https://en.wikipedia.org/wiki/Chile

A fairly comprehensive overview of history, politics and vital statistics. See also http://en.wikipedia.org/wiki/Patagonia

www.conaf.cl

The government organization responsible for Chile's protected areas and national parks (in Spanish).

http://www.ballenazul.org

Website of the Centro de Ballenas Azul, the research organization studying blue whales in the Gulf of Corcovado. Click on the link for the English version, or for more detailed info click on "Publications" in the Spanish version (articles in English).







THE FINE PRINT

Please review the details below for a realistic picture of what to expect on our Chile tours and answer some questions you may have about travelling in Chile with Spirit of the West. Please don't hesitate to contact us with any other questions you may have.

- This is an awesome experience, but, as all travel in remote areas, it requires flexibility and the ability to smile at the unexpected and maintain a positive attitude.
- Approximately 50% of the time is spent in the kayaks and 50% of the time cruising through the stunning islands to get to safe and scenic paddling locations.
- Wine and beer is provided with meals while on tour (3-4 bottles per night)
- The 57' mothership is a fantastic way to explore Patagonia. The salon, covered deck, and wheelhouse are comfortable spaces for relaxing. The staterooms are comfortable, but small, as you would expect on a boat. There are two heads (or bathrooms) that are shared between 8 people.
- The guest cabins consist of two double rooms and one room with 4 single bunks. The double rooms have a double bunk with a single bunk over the foot of the bed. The double rooms will be used for only 2 people unless otherwise arranged. These rooms will have a small surcharge. The room with 4 bunks will be shared by four people.
- The shared cabin in the boat may be mixed gender depending on who is joining the tour.
- Accommodation is provided starting on day 1 of the tour. The tour ends on day 19 after breakfast. We will ensure you are all set for your airport transfer for your return flight.
- If you are arriving outside of day one or departing later than the last day of the tour, the airport shuttle will be at your own expense. These shuttles are easily arranged with the hotel or upon arrival into Santiago.

- Meals are hearty, healthy and typical Chilean fare. The meals are prepared in a small galley on the boat and are tasty and filling but not overly fancy. Typical meals include soups, stews, meat, veggies, and salads. We provision the boat in advance of the tour and there is nowhere to resupply during the tour, so as we get into the later half of the tour, we move more into shelf stable and canned goods.
- During the tour, Spirit of the West will place orders at restaurants on your behalf. If you would like to add anything to the meal orders you are welcome to, but this would be at your own expense.
- Breakfasts while at the hotel in Santiago consist of coffee, tea, fresh juice, fresh bread, butter, jam cheese, fresh fruits and cereals.
- We are lucky to have found a great source for kayaking gear in this remote part of the world. We will be using plastic sea kayaks, all doubles with the exception of one or two single kayaks that guests can rotate through. We have limited space for storing the kayaks on the boat and more single kayaks are not an option.
- Spirit of the West will bring a paddling jacket and pants for you to use during the kayaking portion of the tour. We recommend also bringing a rain jacket for the remainder of your time in Chile.
- Spirit of the West will also provide a 5-litre and a 10-litre dry bag for you to use while kayaking. The smaller bag is handy for storing your camera and sunscreen, while the larger bag will be used to pack a set of spare clothes for emergencies.
- The hotel in which we stay in Santiago is clean, friendly and in a great location. We choose to stay in this small, intimate size hotel instead of larger well-known hotels to add to a more authentic experience.

TOUR TERMS & CONDITIONS

PAYMENT SCHEDULE

A 25% deposit to reserve your space on a tour is due at the time of booking. For tours that take place outside of Canada, the balance of your trip cost is due 120 days prior to departure. If you book and pay after the final balance due date, all monies paid are non-refundable. Payments can be made by cheque, money order, Visa, MasterCard, or Interac e-Transfer; any processing charges or fees are your responsibility. For final payment, unless otherwise arranged, we automatically charge your credit card on file when the balance is due.

PRICING

Tours outside of Canada, such as those to Chile, are priced and charged in US dollars. Any foreign currency pricing is approximate, it is your credit card company or bank that determines your exchange rate on the day your transaction takes place. If for some reason you have to cancel and funds are refunded to your card, Spirit of the West Adventures is not responsible for any differences in exchange rates. Pricing is subject to change. Tours that take place outside of Canada are not taxed. All tours are also subject to a non-taxed \$20 per person sustainability fee which is donated to research and conservation groups that work in the areas where we operate.

CANCELLATION POLICY

We are a small family-run company and appreciate your understanding that we incur many expenses in preparing for these tours, that our trip dates and capacities are limited, and when we accept your reservation we may be turning others away from booking that trip. Our terms and conditions and cancellation policy reflect this. If you are unable to join your tour as planned, we will provide any paperwork needed for your insurance claim, should you wish to reclaim any retained travel or tour costs. If you have to leave the tour for any reason, including but not limited to illness (including COVID-19) or injury, there will be no refund and you will be responsible for the costs associated with being removed from the tour and any additional expenses incurred as a result.

If you find it necessary to cancel your tour, please let us know as soon as possible. Spirit of the West Adventures Ltd. is not responsible for any additional costs that may arise in the event of a trip alteration or delay caused by circumstances beyond our control. To avoid confusion, we require written notice of cancellation, by email or mail. The following fees will apply to cancellations and are calculated as of the date we receive your written cancellation notice, which can be sent by email or standard mail.

Tours that take place outside of Canada: If you must cancel your tour, your refund is as follows:

120 days or more prior to the trip departure date – Full refund less a \$250 USD administration fee per person (the guest is responsible for any costs incurred for cancelling any additional tours or travel arrangements). 119-90 days prior to the trip departure date – 50% of total tour price is refunded.

Less than 90 days prior to the trip departure date – No refund will be given.

Private Tours that take place outside of Canada: If you have reserved a private tour and have to cancel your trip:

120 days or more prior to your tour departure date – Full refund less a \$2500 USD cancellation fee per group (guests are responsible for any costs incurred for cancelling any additional tours or travel arrangements). 119-90 days prior to the trip departure date – 50% of total tour price is refunded.

Less than 90 days prior to the trip departure date – No refund will be given.

90 days or more prior to your tour departure date, your group may change your tour type from a private tour to a public tour.

For all Private Tours: Group members need to be identified no later than 30 days prior to your tour departure in order for our food team to adequately prepare for your tour. If you have a group member cancel, you can replace that individual with another friend. If it is closer than 30

days to tour departure and the individual has complex dietary needs please contact our office to see if we can accommodate them. Additional dietary accommodation fees may apply.

For All Tours: Spirit of the West Adventures Ltd. reserves the right to cancel any trip prior to departure for any reason whatsoever, including but not limited to insufficient bookings. If we have to cancel a tour due to insufficient bookings, you may choose between an alternate trip or a full refund. We will inform participants of cancellations due to insufficient bookings at the earliest possible point and no later than 30 days prior to the tour departure for tours taking place in Canada and no later than 60 days prior to the departure date for tours outside of Canada. If the alternate trip chosen is of a lower value than the originally booked, then you are entitled to a refund of the difference. If the alternate tour chosen is of a higher value, then you will pay the difference in price.

If a tour has to be cancelled due to circumstances beyond our control and/ or a circumstance amounting to "force majeure" such as war, threat of war, political instability, riots, civil disturbances, actual or threatened terrorist activity and its consequences, natural or nuclear disasters, fires, epidemics, health risks and pandemics, acts of god, industrial disputes, unforeseeable technical problems with transport for reasons beyond our control or that of our suppliers, closed or congested airports or ports, hurricanes and other actual or potential adverse weather condition, and any other similar events, there will be no refund from Spirit of the West Adventures Ltd. Please contact your travel insurance provider for details on how to start a claim. Spirit of the West Adventures Ltd. is not responsible for expenses incurred by trip participants in preparing for a cancelled trip (for example non-refundable advance purchase plane tickets, visa fees, inoculations, equipment etc. or for any additional arrangements for other travel plans associated with your travel).

Spirit of the West will make every reasonable effort to contact you as soon as it appears that a trip may be cancelled.

TRAVEL INSURANCE

We strongly recommend that all guests purchase travel insurance, including interruption, cancellation and medical coverage to cover costs associated with your travel in case of unforeseen circumstances (family or work emergencies, delayed flights, lost baggage etc.) Travel insurance is mandatory for all tours taking place outside of Canada (Chile and Bahamas tours).

Spirit of the West Adventures Ltd. is not responsible for ensuring the appropriate level or amount of coverage is purchased. Please contact your travel insurance provider to ensure you have appropriate coverage for your entire trip. If you use a credit card for payment for your tour expenses, you may have trip interruption insurance as part of your card benefits. This coverage, however, is often a limited dollar amount and does not usually include cancellation or medical coverage. Please check with your specific card provider to ensure you are adequately insured. Personal equipment, baggage and valuables (cameras, electronics, jewellery, etc.) are carried entirely at the owner's risk. Spirit of the West Adventures Ltd. is not responsible for lost, damaged or delayed property. Learn more on our Travel Insurance page.

TRIP PREPARATION

Once your tour is booked and your deposit is received by us, we'll send you a link to a detailed document that includes everything that you will need to prepare for your tour including an itinerary, packing list, and meeting times. For tours outside of Canada, we also include information about topics such as passports, visas, immunizations and currency exchange. Let us know if you're planning a birthday or anniversary trip. We'll pack a surprise!

DIETARY RESTRICTIONS AND ACCOMMODATIONS

Changes to our standard menu to accommodate dietary needs, restrictions, and/or allergies will be charged an additional fee. Exceptions at no additional cost are vegetarian, no red meat, no fish, and no seafood. To see more details about charges and what to expect, please refer to our Food Page.

If you have food allergies or restrictions, we will do our best to accommodate your needs. However, people with severe food allergies or complex needs may not be able to be accommodated due to the constraints of preparing food for diverse dietary needs in a wilderness setting. Please discuss any complex dietary needs with us before reserving your tour.

Please note: we are not a peanut-free or nut-free facility and we can't entirely mitigate the risk of cross-contamination or exposure to any allergens. On Chile and Bahamas tours the availability of ingredients or restaurant kitchens may limit the type of dietary accommodation we are able to offer.

MEDICAL AND LIABILITY RELEASE FORMS

Each participant is required to fully fill out a Medical Information Form and Liability Release Form in order to join the tour. Spirit of the West Adventures Ltd. must receive the completed forms at least 30 days prior to tour departure.

GUEST RESPONSIBILITY

You recognize and accept that Spirit of the West Adventures cannot guarantee that you will not be exposed to communicable diseases/ illnesses. You will respect and abide by the procedures, recommendations and directions of your guides and Spirit of the West staff at all times. If you are feeling or showing any signs or symptoms of illness before your tour you will not travel and will not attend the tour. If you are feeling or showing any signs or symptoms of illness including COVID-19 during your tour, you will disclose this to the guides and follow their instructions.

You will take responsibility for how you interact with others on the tour. You recognize and accept that if the guide determines you may be ill, you may be put into strict isolation until such a time that you can be safely transported from the tour and to a place for continued isolation and testing. You recognize and accept that this may mean not participating in the remainder of your tour, incurring travel expenses and being responsible for any other costs associated with isolation measures after leaving the tour eg. Hotel rooms, meals, car rentals etc.

We highly recommend purchasing travel insurance that covers medical, interruption and cancellation as a minimum.

EXPERIENCE REQUIRED

Although no previous kayaking experience is required on the majority of our tours, with any adventure there is always an element of risk. While most of our trips are not considered to be overly strenuous or physically demanding, we do require a moderate level of fitness and good general physical and mental condition. If you have any special needs or accommodations required, we encourage you to check with your doctor and discuss your needs with us before you reserve your trip. Persons with physical limitations and/or disabilities are welcome on Spirit of the West tours, pending a discussion of any special needs and requirements and a determination of whether we can safely and reasonably accommodate your needs. Please also note that all of our tours take place in remote areas and evacuations can take a great deal of time and can be expensive.

WILDERNESS & GROUP TRAVEL

Wilderness travel requires a degree of flexibility, patience and understanding. We cannot control the weather or the wildlife. Please ensure your travel plans allow time for the unexpected, such as delays due to weather or mechanical issues. You must also acknowledge that the trip's route, itinerary, accommodation and modes of transport are subject to change without prior notice due to local circumstances, unsafe conditions, the needs of the group, etc. While traveling with Spirit of the West Adventures Ltd. you agree to accept the authority of the leader at all times. Please be aware that group travel may involve compromise to accommodate the diverse desires and abilities of group members. This includes distances covered, the pace of travel, campsites chosen, etc. We ask that you approach your adventure with an open mind and be able to laugh and have fun when encountering the unexpected. Spirit of the West is dedicated to providing safe, environmentally sensitive, well-organized, fun-filled adventures

WILDLIFE & WEATHER

We adhere to the Marine Mammal Viewing Regulations and do our very best to view these magnificent creatures in the wild. That said, we do NOT guarantee sightings and if a particular species or the weather does not cooperate there will not be any refunds issued. We encourage everyone to make the most of their time in this beautiful area and to enjoy the rich environment while understanding that wildlife and sometimes the weather is just that – 'wild' – and therefore uncontrollable.

SPECIAL REQUESTS

Spirit of the West Adventures will try to accommodate special requests, but will not guarantee such things as kayak type (singles or doubles or a particular style or model of kayak), tent location, special meals, particular guides, etc. Please ensure all special requests are conveyed to our office team at the time of reservation.

PASSPORTS AND VISAS

Guests travelling from outside of Canada or joining us on a tour outside of Canada must carry a valid passport and/or necessary documentation and have obtained the appropriate visas when travelling with Spirit of the West Adventures Ltd. Please ensure your passport is valid for 6 months beyond the duration of your trip. It is your responsibility to ensure that you meet the entry requirements for your travel. Spirit of the West Adventures Ltd. does not accept responsibility if you are refused entry to a country because you lack the correct documentation, or the authorities deem you unsuitable for entry.

ACCOMMODATIONS ON TOUR

Spirit of the West Adventures Ltd. will do our best to make you comfortable and feel at home on your tour. Hotel portions of tours are based on double occupancy. If you prefer a single room there is an additional single supplement charge. The availability of single rooms may be limited. Single accommodation on the mothership in Chile is not possible. All tenting is also based on double occupancy, however, if you are travelling solo we do our best to provide you with your own tent.

GRATUITIES

Gratuities are not included in your tour costs. Gratuities are always appreciated. If you feel the guides and crew have done an exceptional job, tipping is a great way to show your appreciation. 10% of your tour cost is a suggested amount- which is then shared between the guide team and any crew behind the scenes.

STORAGE OF PERSONAL AND FINANCIAL INFORMATION

Due to the nature of our services, it is necessary to collect and store a certain amount of personal and financial information. By providing us with your address, personal and financial information, you consent to the storage of this information for a period of time deemed appropriate by Spirit of the West Adventures Ltd. Personal information includes, but is not limited to, your first name, last name, phone number, email address and billing address, date of birth, medical information. Financial information includes, but is not limited to, your card account number, card expiration date and cardholder name. Spirit of the West Adventures Ltd. is PCI compliant and is committed to ensuring the safety of your information.

PRIVACY POLICY

Spirit of the West Adventures occasionally sends out information, details and offers that we think you'll want to hear about. We will assume you agree to email correspondence when you make a reservation or provide us with your email in other situations such as competitions, promotions, prize draws and social media. We will NEVER SELL your email address to any third-party company. We do however sometimes share this information for the purpose of coordinating trip logistics, for example booking airline tickets, arranging travel and helping with our marketing efforts. You can unsubscribe at any time by emailing or clicking on the links in newsletters. See our privacy policy for more details.

MEDIA RELEASE

Spirit of the West Adventures Ltd. reserves the right to take and collect photographic, film and video records and content from any of its tours. Trip members should be aware that Spirit of the West Adventures Ltd. may use this content for promotional and or commercial purposes without remuneration to the trip participants.