



## COVID Statement of Understanding

COVID 19 is a serious virus with potentially deadly consequences. At Spirit of the West Adventures we take your safety and the safety of our staff, partners and the communities in which we operate seriously. We need your help and commitment to help keep us all safe.

This means;

- I recognize and accept that Spirit of the West Adventures is doing their best to ensure the safety of the group, their staff and the communities in which they operate and I will support them however I can in this mission.
- I recognize and accept that Spirit of the West Adventures cannot guarantee I will not be exposed to the virus.
- I will respect and abide by the procedures, recommendations and directions of my guides and Spirit of the West at all times.
- If I am feeling or showing any signs or symptoms of illness and or COVID-19 before my tour I will not travel and will not attend the tour.\*
- If I am feeling or showing any signs or symptoms of illness and or COVID-19 during my tour, I will disclose this to the guides and follow their instructions.\*
- I agree to follow and respect the policies and procedures of the local accommodation providers, transportation providers, restaurants and shops on my travels to help keep everyone safe.
- I will keep a 2 meter distance from all Spirit of the West guides, staff and partners unless wearing a mask or it is an emergency, *even if I am vaccinated.*
- I will keep a 2 meter distance from other guests with whom I am not in a social bubble, *even if I am vaccinated.*
- I will wear a mask when instructed by the guides and/or anytime physical distancing cannot be maintained.
- I will practice good hand hygiene, washing or sanitizing frequently and especially after using the washroom and before eating.
- If I am in a “bubble” with my chosen travel companions, I will preferentially work with them to complete tasks that require being closer than 2 meters apart from another person. This could include things like moving luggage and camp supplies, helping each other getting in and out of kayaks, navigating rocky ground etc. These were tasks your guides would have helped with in the past, but we are trying to minimize risk for all parties and will ask you to work more cooperatively to help us all stay safe.
- I recognize and accept that if the guide determines I may be ill, I will be put into strict isolation until such a time that I can be safely transported from the tour and to a place for continued isolation and testing. I recognize and accept that this may mean not participating in the remainder of my tour, incurring travel expenses and being responsible for any other costs associated with isolation measures after leaving the tour eg. Hotel rooms, meals, car rentals etc.\*
- If I am feeling or showing any signs or symptoms or are diagnosed with COVID-19 anytime up to 14 days after my tour, I will contact the Spirit of the West Adventures office as soon as possible so that those I came into contact with can be notified to obtain testing and go into precautionary self-isolation.

\_\_\_\_\_  
Participant Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Participant Signature

\* Please see our [Terms and Conditions](#) for booking policies related to COVID-19.